

Back or neck pain? Relief without surgery.



Dr. Chapman treats neck and back pain with innovative interventional techniques.

Patients who have been told there were only two options for relieving their back or neck pain—to live with it or to have invasive spine surgery—are finding a third choice: interventional pain therapy.

“You would be surprised how many people are trapped by their pain,” comments Kenneth B. Chapman, MD, of Spine & Pain Consultants of

New York. “They may be unable to walk even 100 feet without sitting down. They may have given up favorite activities like dancing, golfing, or gardening.”

Thanks to recent medical advances, patients who thought their only hope for relief was invasive spine surgery, with its inherent risks, are learning about *interventional* procedures that can help reduce or eliminate the need for surgery.

“We’re seeing more minimally invasive and non-invasive approaches in almost every medical specialty,” says Dr. Chapman, who is board certified in Pain Management and Anesthesiology, and fellowship-trained in Interventional Pain Management. “In the management of spinal pain, we’re able to use interventional techniques to help a lot of people avoid surgery. Our field is continually advancing and changing.”

Poised for Progress

Spine & Pain Consultants of New York is at the forefront of these innovative developments. Using a team approach, an accurate diagnosis of the source of acute or chronic pain is followed by treatment that can address even complex pain syndromes.

“Ours is a patient-centered practice,” describes Dr. Chapman. “Patients can trust the fact that we care about their overall well-being.

“With pain, especially chronic pain, the clinical treatment is only part of the equation,” he points out. “Many of our patients report visiting several doctors without success before coming to us. They’re in pain and they’re frustrated. By listening to them and acknowledging what they’ve experienced, we let our patients know that we care about their quality of life. Sincere compassion is what has helped our practice grow.

“Patients *don’t* need to live with chronic pain,” emphasizes Dr. Chapman, “and they don’t always need invasive surgery to relieve that pain. With interventional techniques, we can help them lead fuller, more satisfying lives.”

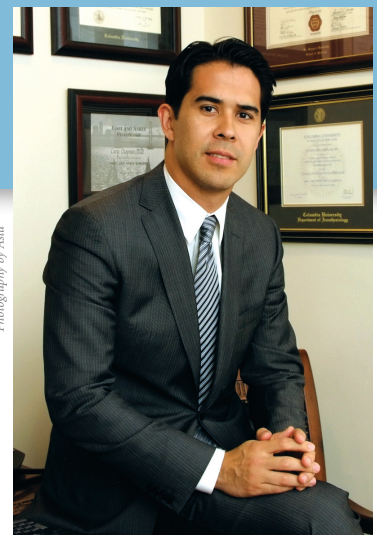
“Our goal is to improve the quality of people’s lives. That means more than decreasing pain, although that is important. It also means improving functionality—helping people return to the things they did before being held back by their pain.” —DR. KENNETH B. CHAPMAN

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